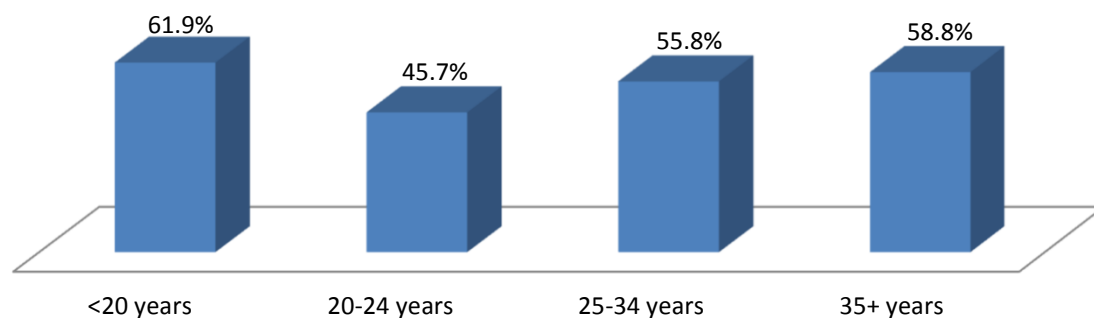


Examples of 2014 Maine PRAMS Data by Age

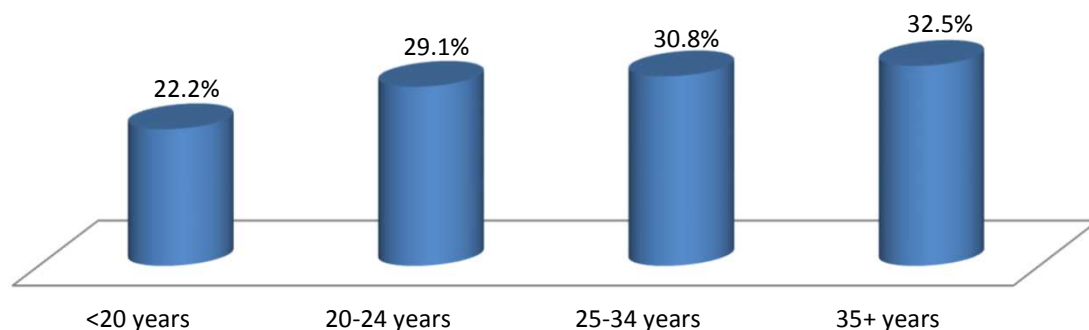
Over half of moms reported exercising 3 or more days a week in the year before having their new baby (54.5%)

2014 Maine PRAMS Data Exercised by Age



Over 30% of moms said they were dieting to lose weight before getting pregnant with their new baby (30.2%)

2014 Maine PRAMS Data Dieted by Age



84% of moms reported they had health insurance in the month before getting pregnant

2014 Maine PRAMS Data Had Health Insurance by Age

